

Introduction to Worthy Life Award

Trailmen and Parents,

The Worthy Life Award is Trail Life's premier faith-focused award for Trailmen of all ages. At Troop NC-613, we have developed programs and resources to support families as their Trailman pursue this award.

The Worthy Life Award is structured on a "4D" theme:

- 1 Devotional
- 2 Discipleship
- 3 Disciplines
- 4 Demonstration

The following pages summarize the requirements under each of these sections, and provide space for the tracking of completion.

The **Devotional** aspect of Worthy Life is built into our Woodlands meetings. Trailmen just need to attend. Other activities will need effort outside meetings, at home and with family. In **Discipleship** there is a flexible list of activities and experiences that support a Trailman's deeper understanding of our faith. Some of these may require some planning to complete—items like service projects and retreats are best selected in advance. For spiritual **Disciplines** each Trailman will grow through Bible memorization, prayer, and participation in church. Older Woodlands Trailmen have time requirements in these disciplines that will reward those who start early. Lastly, **Demonstration** of what Trailmen have learned can happen at any point throughout the year. We encourage you to let a Trail Guide know when a Trailman is ready to complete items in the award program—and to send this booklet for easy record-keeping.

We pray that opportunities in the Worthy Life program will be a blessing to both Trailman and family.

NC-613 Troop Committee

Note to Leaders

Trail Life Connect has the official record of Award status for a Trailman. Each "TLC" box on this booklet corresponds to a digital checkbox that should be updated on completion. When initialing, please check the box if you are simultaneously updating TLC. Otherwise, please ask the Trailman to show the initialed box to another leader, who can then update the digital record and check the "TLC" box.

Troop NC-613 Worthy Life

Trailman's Name

Fox Hawk Mtn Lion

Devotional

We provide a weekly devotional in our patrol meetings. These devotionals can be found on our website, www.traillife613.org. Our devotionals are tied to the Woodlands Trail curriculum topics.

Award requirements are met by attending 8 Fox sessions, 16 Hawk sessions, or 20 Mountain Lion sessions.

Attendance is tracked by the Troop

Devotional Attendance

- Fox - 8 Sessions
 Hawk - 16 Sessions
 Mtn Lion - 20 Sessions

Date Completed

Leader Initials

TLC

Devotional Notes

This space can optionally used for notes regarding Devotionals

Discipleship

Fox - Complete **One**
Hawk & Mtn Lion - Complete **Two**

Activities to further discipleship, completed outside of meetings.

Service Project

Does not need to be a troop service project

Project Name	Date
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Parent Initials	<input type="checkbox"/> Fox/Hawk - Participate	Leader Initials	<input type="checkbox"/>
	<input type="checkbox"/> Mtn Lion - Help Plan		TLC

Read Story or Watch Video

Story or Video Name	Date
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Parent Initials	<input type="checkbox"/> Fox - person in Bible	Leader Initials	<input type="checkbox"/>
	<input type="checkbox"/> Hawk - church leader / missionary		TLC

Read Bible

Trailmen should select books from different sections of the Bible

Book of Bible & Date	Book of Bible & Date	Book of Bible & Date
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Parent Initials	<input type="checkbox"/> Hawk - One Book	Leader Initials	<input type="checkbox"/>
	<input type="checkbox"/> Mtn Lion - Three Books		TLC

Craft Related to Devotional

Devotional / Description	Date
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Parent Initials	<input type="checkbox"/> Fox/Hawk - Prepare Craft	Leader Initials	<input type="checkbox"/>
			TLC

Weekend Mission Trip or Christian Retreat

Trip or Retreat Name	Date
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Parent Initials	<input type="checkbox"/> Mtn Lion - Participate	Leader Initials	<input type="checkbox"/>
			TLC

Troop NC-613 Worthy Life

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Trailman's Name

<input type="checkbox"/> Fox	<input type="checkbox"/> Hawk	<input type="checkbox"/> Mtn Lion
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Disciplines

Complete all **Three**

Activities for Trailmen to practice spiritual disciplines with family.

Memorize Scripture

Date	Leader Initials	<input type="checkbox"/>
		TLC

See next page for passages

Prayer

- Fox - Pray at family meal and at Trail Life event
- Hawk - Maintain Prayer List for 1 week
- Mtn Lion - Maintain prayer list for 2 weeks, track answers to prayers, and invite another person to pray with you one time

Parent Initials	Date	Leader Initials	<input type="checkbox"/>
			TLC

Attend Church or Sunday School

- Fox - Special Service (e.g. Easter, Good Friday, Christmas Eve)
- Hawk - Two Months Regularly
- Mtn Lion - Three Months Regularly

Parent Initials	Date	Leader Initials	<input type="checkbox"/>
			TLC

Bible Verses

Fox

Leader
Initials

John 14:6 Jesus said to him, "I am the way, and the truth, and the life. No one comes to the Father except through me."

Romans 6:23 For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

John 3:16-17 For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life. For God did not send his Son into the world to condemn the world, but in order that the world might be saved through him.

Hawk

Leader
Initials

Psalms 27:1 The Lord is my light and my salvation; whom shall I fear? The Lord is the stronghold of my life; of whom shall I be afraid?

Proverbs 30:5 Every word of God proves true; he is a shield to those who take refuge in him.

2 Peter 3:9 The Lord is not slow to fulfill his promise as some count slowness, but is patient toward you, not wishing that any should perish, but that all should reach repentance.

Mountain Lion

Leader
Initials

Ephesians 6:13 Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm.

Matthew 22:37-39 You shall love the Lord your God with all your heart and with all your soul and with all your mind. This is the great and first commandment. And a second is like it: You shall love your neighbor as yourself.

Proverbs 3:5-6 Trust in the Lord with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths.

Troop NC-613 Worthy Life

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Trailman's Name

Fox Hawk Mtn Lion

Demonstration

Recite Scripture

Date

Leader Initials

Recite to Trail Guide or Chaplain

TLC

Award Completion

The Worthy Life Award is completed with a Leader Conference, which can be done at any point in the year once all items have been completed. This can be at same time as reciting scripture, or separately later. A leader will review the experiences completed and verify requirements are met.

Upon completion of the Leader Conference, the Award is earned. We present this Award at the major ceremonies in December and May.

Leader Conference

Date

Leader Initials

TLC

Prayer List

This space can optionally used for maintaining a prayer list. Note each item of prayer and then regularly pray over the list for a period of time.