



## Adventurers Worthy Life Award

*Trail Life USA is a Christ-centered outdoor adventure, leadership, and character development ministry. Within the operations of the local Troop, the primary statement/profession of Christian beliefs, faith, and/or doctrine is that belonging to the Charter Organization. As with any of its ministries, the Charter Organization should take steps to ensure the Troop appropriately reflects these beliefs. Furthermore, all Trail Life USA Charter Organizations and Registered Adult Members must concurrently adhere to the Christian principles stated in Trail Life USA's Statements of Faith and Values, and all activities must be completed in conformity with Youth Protection Guidelines.*

### OVERVIEW

To achieve the Adventurers Worthy Life Award, you must complete requirements in all four areas below as an active Trail Life USA Adventurer: a Devotional Activity, a Discipleship Activity, Disciplines Activities, and a Demonstration Activity. Ensure that all signatures and dates are correctly documented in the Trailman's Handbook and on Trail Life Connect. Work or activities undertaken for the Worthy Life Award cannot count toward any other program requirements (e.g., Horizon Award badges, Freedom Experiences, Servant Leadership Project, etc.) and vice versa.

Work with your Adventurer Advisor, Troop Chaplain, and mentor (approved by your parent or guardian) to create and document in your Handbook measurable goals, tasks, and reporting expectations before beginning any requirement. The Adventurer Advisor, Troop Chaplain, and mentor must pre-approve, sign for completion, and date each activity. *Two-Deep Leadership, No One-On-One, and Buddy System of Three* Youth Protection Guidelines must be followed at all meetings with your mentor or leader(s).

### Devotional Activity

Complete one (1) of the following activities and discuss it with your mentor:

- An age-appropriate Bible study program consisting of at least ten (12) one-hour sessions. The program should be in agreement with your Charter organization's Faith tradition. This may include Christian Religious Recognition Programs.
- The Band of Brothers Group Bible Study/Discipleship Program with a minimum duration of three (3) months. The Band of Brothers Group Bible Study/Discipleship Program guidelines and structure can be found on Trail Life Connect.

### Discipleship Activity

Complete one (1) of the following activities and discuss it with your mentor:

- Read a Christian book. Possible topics include: spiritual growth, spiritual disciplines, church history, missionaries, martyrs, biographies of important church figures, apologetics, etc.
- Participate in a Christian weekend retreat or mission trip.
- Complete a service project using the biblical principles or skills developed during your Devotional Activity.

### **Disciplines Activity**

Complete three (3) of the following activities throughout your Devotional and Discipleship Activities:

- Keep a Bible study journal of questions, principles, and thoughts.
- Memorize and recite scriptures, prayers, hymns, creeds, or catechisms.
- Keep a prayer journal, including answers to prayers.
- Regularly attend services/mass at your local church.
- Volunteer to serve with your local church/parish on an ongoing basis.
- Share/explain the Gospel to at least ten people individually.

### **Demonstration Activity**

Complete all three (3) of the following activities:

- Publicly share your personal testimony, Christian walk, or understanding of the Christian faith with your Troop or Bible study group.
- Make a significant presentation to your Troop or patrol, including important concepts learned during your activities.
- Hold a final conference with your Adventurer Advisor, Troop Chaplain, and mentor, explaining what you have experienced and learned and how you have achieved your pre-determined goals, tasks, and expectations.